

# Your timetable to becoming a Christmas cracker!

Follow Yve Lyons' indispensable guide to getting yourself ready for your Christmas do...

## 2 days to go

Apply fake tan now so you've got enough time to fix any streaks later.

Exfoliate first with some **Dead Sea Body Scrub with Frankincense Oil, £6.99** (available at Boots). Work in circular strokes and once you're out of the shower, smother your skin in **Palmer's Cocoa Butter Formula Concentrated Cream with Vitamin E, £2.84**, to hydrate. Let it soak into your skin for about two hours, then apply fake tan. Sprays like **Virgin Vie Spray On Sunshine, £14**, are usually less messy than lotions.



CRACKING:  
Kelly Brook



## 1 hour to go

Put on deodorant. Try **Boots 24 Hour Protection Anti-Perspirant Deodorant, £1.69**, and allow it time to dry. Start to apply make-up, beginning with your base. Pick a long-lasting, light-reflecting one like **Bourjois Happy Light Foundation SPF 15, £7.95**. Then apply **Virgin Vie Out of the Shadows, £12.50**, under your eyes or on blemishes. Apply **Tesco All About Face Powder, £1.97**, but only to the areas where you applied concealer to set it in place. Apply rest of make-up, except lipgloss.



## 1 day to go

Apply your false nails now. The pre-glued ones, like **Elegant Touch Pre-Glued French Nails in Bare, £6.49**, are easy to apply and not likely to damage your nails.

To make the most of natural nails, smother your hands in **Atrixo Enriched Moisturising Cream, £1.79**, and treat cuticles with **Sally Hansen Maximum Growth Cuticle Pen, £4.95**. File your nails in one direction only until you've achieved your desired shape.



## 10 hours to go

Paint your nails. Use a base coat like **Sally Hansen Diamond Shine, £7.95**. Apply the colour – dark red is a must-have at the moment, so try **Rimmel Lasting Finish Nail Polish in Black Cherries, £2.69** – leave for a few minutes before applying another coat. Leave to dry for three minutes, then apply more **Diamond Shine** to stop chipping.



Then apply **Nivea Soft Intensive Moisturising Cream, £2.99**. If your eyes are looking puffy, apply **Dr Harnik Stop Puffy Eyes Reviving Gel, £7.99** (available at Boots).



## 2 hours to go

Jump in the shower and use an extra moisturising shower gel like **Elave Wash, £4.99**. Once you're out of the shower, put some **Asda Essential Care Ultra Rich Firming Body Cream, £3.68**, on. Add a little more moisturiser to your face now and start styling your hair. Don't finish it off completely though, wait until you've almost finished your make-up before adding finishing touches to your hairstyle.



## 20 minutes to go

Tweak hair. Use a strong-hold spray like **Silvikrin Hydro Style Extra Strong Hold Hairspray, £1.99**. If it's gone a bit frizzy, apply a serum like **Tre-Semmé Smoothing Creme Serum, £3.99**. Put lipstick on, but not gloss. Use a lipliner and blend the line into lips using a cotton bud. Apply a coat of lipstick, then blot and apply another. Use a large brush and face powder to set it in place.

## 5 minutes to go

Pack your bag. Essentially, you'll need your lipstick, a hairbrush like **Denman Hairbrush Compact, £2.50**, and a powder compact like **Barbara Daly Make-up For Tesco Ultra Light Pressed Powder, £4.75**. Apply your gloss now and pop that into your bag too. Tweak your hair if necessary.



Now you're ready to party!